



BERKSHIRE COUNTY RESOURCES

<https://westernmasscit-ttac.org/>

- **Behavioral Help Line:**
 - 833-773-2445
- **Suicide and Crisis Lifeline (National)**
 - 988 (call or text)
- **CBHC:**
 - The Brien Center
 - 334 Fenn St., Pittsfield
 - 800-252-0227
 - <https://www.briencenter.org/what-we-do/acute-care/>
- **Family Resource Centers:**
 - Great Barrington Family Resource Center
 - 141 West Ave., Great Barrington
 - 413-528-0298
 - Monday – Friday 9am-5pm
 - Open 2nd and 4th Saturday of each month 9am-12pm
 - 18 Degrees Family Resource Center
 - 480 West St., Pittsfield
 - 413-442-5333
 - Monday, Wednesday, Thursday 9am-7pm; Tuesday 9am-5pm; Friday 9am-3pm
 - Open 1st and 3rd Saturday of the month 9:30am-12:30pm
 - Northern Berkshire Community Coalition Family Resource Center
 - 61 Main St., Suite 218, North Adams
 - 413-663-7588
 - Monday – Wednesday 9am-6pm; Thursday 9am-5pm; Friday 9am-4:30pm
 - 2nd and 4th Saturday of the month 9am-12pm
- **Individual Shelters:**
 - Barton’s Crossing
 - 1307 North St., Pittsfield
 - Our Friend’s House
 - 292 West St., Pittsfield
 - Both ServiceNet facilities
 - 413-442-1445 OR 413-499-2877
 - Eligibility: homeless, chronically homeless, individuals and families
 - Louison House Transitional Housing (ServiceNet)
 - 149 Church St., North Adams
 - 413-663-6323

- Transitional housing, support services such as case management, career/financial counseling and life-skills training
 - Eligibility: “This program can house families and individuals for up to two years even though most exit the program within 3-6 months. All clients must meet the federal definition of homeless and have documentation such as an eviction letter. All clients must accept supportive services provided by staff, and also create and follow their Individual Service Plans (ISPs)”
 - Solider On
 - VA Medical Center 421 N. Main St., Leeds
 - 413-582-3059 OR online referral: wesoldieron.org/admissions
 - Year-round, all day
 - 165 beds, behavior based. Food, clothing, case management, medical/mental health, substance abuse treatment, peer support, transportation
- **Youth/Young Adult Shelters**
 - Berkshire County Regional Housing Authority – Pittsfield
 - 413-443-7138 ext. 239, 413-443-7138 ext. 218 (backup)
 - Monday – Friday 8am-4pm
 - If assistance with transportation is needed, call 211 and ask about a free pick-up with Rainbow taxi
 - Louison House
 - North Adams
 - 413-663-6323 ext. 5 or 6
 - Monday – Friday 8:30am-3:30pm
 - Emergency sheltering available
- **Food Programs:**
 - Brown Bag: Food for Elders
 - Pre-registration required
 - 3 Hoosac St., Adams
 - 413-743-8333 (call for most up to date schedule)
 - 4th Friday pick-up 10:30-11:30am
 - Dalton United Methodist Church, Loaves & Fishes Pantry
 - 755 Main St., Dalton
 - 413-684-0521 (call for most up to date schedule)
 - 4pm-6pm Tuesdays (or by appointment if needed)
 - Soldier On, Inc. Veteran’s Pantry
 - 360 West Housatonic St., Pittsfield
 - 413-236-5644 (call for most up to date schedule)
 - To-go boxes distributed at the door Saturday 8am-11am (also by appointment)
 - Visit <https://www.foodbankwma.org/get-help/food-pantry-meal-program-schedule/> for complete list of food banks and meal programs available in your area
 - Income, household size, address and other verifications MAY be requested but NOT required