



HAMPSHIRE COUNTY RESOURCES

<https://westernmasscit-ttac.org/>

- **Behavioral Health Help Line:**
 - 833-773-2445
- **Suicide and Crisis Lifeline (National):**
 - 988 (call or text)
- **CBHC:**
 - Clinical and Support Options (CSO): Hampshire County
 - 8 Atwood Dr. Northampton
 - 413-586-5555
 - Center for Human Development (CHD) Gateway
 - 1109 Granby Rd., Chicopee
 - 833-243-8255
- **Family Resource Centers:**
 - The Bridge Family Resource Center
 - 101 University Ave. Suite A3, Amherst
 - 413-549-0297
 - “Provides multi-cultural parenting resources, support groups, early childhood services, information and other education and referral programs for families with children from birth to 18 years of age”
 - Ware Family Resource Center at Behavioral Health Network
 - 82 Main St., Ware
 - 413-277-6601
 - BHNFRFC@bhninc.org
 - “Children and families who need additional supports or are at risk of court involvement can be assessed by FRC clinicians to develop a Family Support Plan. The FRC hosts and facilitates groups and events to strengthen families by giving them the tools they need through education and engagement”
- **Individual Shelters:**
 - Grove Street Inn
 - 91 Grove St., Northampton
 - 413-586-6001
 - M-F 4:30pm-8am; Weekends – all day (max stay 60 days)
 - Waitlist – call after 4pm (call 2x/week to stay on waitlist)
 - Men & Women (18+), 21 beds. Sober. Three meals & snack. Handicap accessible. Advocacy, counseling, housing, work, medical referrals. Spanish speaking
 - Interfaith Cot Shelter
 - 43 Center St., Northampton
 - 413-586-6750

- November 1 – April 30; 6pm-7am
 - First come, first serve; line up at 5:30pm
 - Men & Women (18+); 20 beds. Sober, breakfast, advocacy, counseling, housing, medical referrals, Spanish speaking
 - Craig's Place
 - 434 N. Pleasant St., Amherst
 - 413-437-0776
 - November 1 – April 30 9:30pm-8am, dinner at 7:30. First come, first serve. Line up at 9:15 (after dinner)
 - 16 men, 6 women; behavior based. Handicap accessible, two meals, showers, medical, housing, referrals
 - Soldier On
 - VA Medical Center 421 N. Main St., Leeds
 - 413-582-3059 OR online referral: wesoldieron.org/admissions
 - Year-round, all day
 - 165 beds, behavior based. Food, clothing, case management, medical/mental health, substance abuse treatment, peer support, transportation
- **Youth/Young Adult Shelters:**
 - Safety Zone
 - 246 Park St., West Springfield
 - 413-781-6556 (24/7 intake)
 - Ages 14-17, temporary (up to 21 days)
 - Homeless/Runaway youth
 - Serves Hampshire, Hampden, Franklin and Berkshire counties
- **Food Programs:**
 - Amherst Survival Center
 - 138 Sunderland Rd., Amherst
 - 413-549-3968 (call for most up to date schedule)
 - General public and Senior only nutrition program
 - Easthampton Community Center
 - 12 Clark St., Easthampton
 - 413-527-5240 (call for most up to date schedule)
 - Emergency pick-up available if outside normal hours
 - Delivery to Northampton, Easthampton, Southampton, Westfield, Leeds and Florence
 - Kid's Summer Bag Program
 - Neighbors Helping Neighbors
 - 30 Carew St., South Hadley
 - 413-437-7593 (call for most up to date schedule)
 - Service for South Hadley and Granby
 - Mobile food pantries throughout the month within service area
 - Visit foodbankwma.org/get-help/food-pantry-meal-program-schedule/ for complete list of food banks and meal programs available in your area
 - Income, household size address and other verifications MAY be requested but NOT required